

Health and Wellness Meeting – December 14, 2022

Attending: Tom Burnell, Stacy Stoliker, Christine Kozma, David Aierstok, Meg Rodier, Brett King, Larry Anthony, Theresa Costakis

1. 30% New York State Initiative

- Larry and David reported back on how promoting the food program during parent/teacher meetings went
- Overall, it was a success and a more specific breakdown is below
 - There was tremendous foot traffic at CLS, with more sampling at the BMS/RHS location(lobby of the high school)
 - People at CLS were asking about getting the school garden going again. The major issue discussed in relation to the garden was when the majority of the harvesting needs to be done, the SUMMER, it was very difficult to find people with availability.
- Discussion on how to get the word out about the 30% NYS initiative as it pertains to food service in the school district and the issues with vendors.

2. Potential Parent Academy Ideas

- Vaping speaker - with CAPE having a potential program
- Open it up to other components like general addiction – link it to vaping, social media, and drugs.

3. Emily Davison is partnering with the Anderson School with a focus on executive function needs and autism.

Next meeting scheduled is for 1/11/2023, Meetings are subject to change so please call ahead if you are planning to attend.